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Dr. Muigua has on various occasions been appointed by leading arbitral institutions including the Chartered Institute of Arbitrators (ClArb-Kenya), the Nairobi Centre for International Arbitration (NCIA), the International Chamber of Commerce (ICC) and the London Court of International Arbitration (LCIA) among other institutions, as both a sole arbitrator and a member of an arbitral tribunal in arbitrations involving commercial disputes.

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Dr. Muigua also serves as the Editor in Chief of two leading peer reviewed journals in East Africa, the Alternative Dispute Resolution Journal and the Journal of Conflict Management and Sustainable Development. The two journals have been hailed as leading publications in the fields of ADR, Conflict Management and Sustainable Development. The Alternative Dispute Resolution Journal was awarded the Arbitration Publication of the Year Award 2020 at the Africa Arbitration Awards

He is an Advocate of the High Court of Kenya of over 30 years standing and practicing at Kariuki Muigua & Co. Advocates, a firm that specialises in environmental and commercial law litigation and Alternative Dispute Resolution. The firm is also listed as a leading Kenyan commercial law firm in the distinguished Martindale Hubbell Directory.

He has authored the following books: Alternative Dispute Resolution and Access to Justice in Kenya, (Glenwood Publishers, Nairobi, 2015); Resolving Conflicts through Mediation in Kenya, (Glenwood Publishers, Nairobi, 2013); Natural Resources and Environmental Justice in Kenya, (Glenwood Publishers, Nairobi, 2015); Nurturing Our Environment for Sustainable Development, (Glenwood Publishers, Nairobi, 2016).

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